**Yuval DAVID, BPT, Sports Physiotherapist, CMP, MCTA**

[**www.sportspine.co.il**](http://www.sportspine.co.il)

**sportinj@gmail.com**

[**https://www.instagram.com/yuvaldavidpt/**](https://www.instagram.com/yuvaldavidpt/)

[**https://www.facebook.com/yuvaldavidbpt**](https://www.facebook.com/yuvaldavidbpt)

[**https://twitter.com/yuvdavidmcta**](https://twitter.com/yuvdavidmcta)

Yuval DAVID, completed a Bachelor of Physiotherapy from Tel Aviv University in 1991. Continued his formal education in Sport Physiotherapy, from Curtin University, West Australia in 1994.

Working as a private practitioner and Director in Sport & Spine Physiotherapy, Israel. A clinic & post graduate education center in Sports & Orthopedic Physiotherapy. Acting as an invited Lecturer for undergraduate and master’s degree in the School of Physiotherapy of Ariel University. Wide experience in teaching of Anatomy as well as Evaluation and treatment of Orthopedic & Sport Disorders.

As a clinician Yuval works with a wide scope of pain and orthopedic clients, spinal and peripheral. He served as the physiotherapist of the Israeli Men National Basketball team from 2001-2019. Escorted a professional contemporary and modern dance/ballet groups for many years, as well as various professional and amateur athletes.

Yuval experience with the Mulligan concept started in 1995 when he was exposed to the concept during his post graduated studies. This was followed by a trip to visit Brian Mulligans clinic in New Zealand in 1995. The Mulligan concept has been since then an important part of his clinical daily practice. He was offered to join the Mulligan Teacher Association and started teaching the Mulligan Concept in 2008.

Apart from teaching the Mulligan Concept courses, Yuval is Co-teaching the Mulligan in Sports course, a special course offered to graduates of the Mulligan basic curriculum graduates.

Yuval's view of teaching is to put forward all evidence available to reason practice, but not forgetting that our practice is clinical, and patient oriented experience is highly important.

Yuval main interest is in developing clinical reasoning in using the Mulligan concept in clinical practice, application of self MWM and self treatment and integration of the Mulligan concept into the accepted physiotherapy clinical practice.

He is involved in development of a novice approach in symptom modification coined Contraction With Movement (CWM) as part of the Mulligan in Sports program.

**Publications in the Mulligan Concept:**

1. Anh Phong Nguyen, Laurent Pitance, Philippe Mahaudens, Christine Detrembleur, Yuval David, Toby Hall & Benjamin Hidalgo (2021): Effects of Mulligan Mobilization with Movement in Subacute Lateral Ankle Sprains: A Pragmatic Randomized Trial, Journal of Manual & Manipulative Therapy, DOI: 10.1080/10669817.2021.1889165
2. Contributor: The Mulligan Concept of Manual Therapy: Textbook of Techniques. Wayne Hing, Toby Hall and Bill Vicenzino, 1st Ed. 2014.

**Mulligan Concept Conference Lectures:**

1. The Mulligan Concept: Evidence Behind Magic, Proceeding in 10 Year Anniversary of the Ariel University Center Physiotherapy Department Scientific day (2010)
2. Clinical reasoning in Manual Therapy emphasizing the Mulligan concept, Invited speaker, International Turkish PT Association Conference. Istanbul, Turkey 2011.
3. Clinical Reasoning of Choosing MWM in Treatment of DorsiFlexion Deficit after Ankle Sprains. 2nd International conference of the Mulligan Concept, Porto, Portugal, 2011.
4. Treating Ankle Sprain, Second International Dana Seminar on Pediatric and Adolescents Sports Injuries and rehabilitation‏, Tel Aviv, Israel, 2014.
5. The effect of MWM on chronic headaches. The Israeli pain annual conference. Eilat, Israel November 2014.
6. Patient symptom modification. Using Mobilization with Movement and Contraction with Movement in assessment and treatment. 2h Clinical workshop. Hadera, Israel 2015.
7. Contraction with Movement – Introduction to a novice approach to symptom modification. Mulligan Concept Teacher Association meeting, Sydney, Australia 2015.
8. Adding Muscle Contraction to Mobilization with Movement (MWM) In Sport Related Injuries. 3nd International conference of the Mulligan Concept, Copenhagen, Denmark, 2017.
9. Bridging the gap between research & Clinics, Mulligan Concept Teacher Association meeting, Cape town, South Africa 2019.